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PRACTICAL STEPS FOR  
**MEMORIZING THE QURAN**  
IN ONE YEAR  
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1



# INTRODUCTION





**In the name of Allah**, the Compassionate, the Merciful. All gratitude and praise are due to Allah, the Lord of all realms, the Creator of humanity from a humble fluid, formed through the union of male and female discharges, safeguarded in a secure abode.



**Thanks and praises are offered to Him**, the Originator of all existence, orchestrating the alternation of night and day, each enveloping the other. I bear witness that there is no deity worthy of sincere worship except Allah, the Lord of lords. I also testify that Prophet Muhammad(PBUH) stands as a sincere and truthful witness until the Day of Judgment.



**Indeed**, the finest discourse is found in the words of Allah, and the most exemplary guidance is that provided by the messenger of Allah, Muhammad. Conversely, the most detrimental matters are those introduced into the religious practices. Every innovation in the faith is deemed heretical, and all deviations from the established path are considered aberrations, ultimately leading towards the path to Hell.





O Allah! Illuminate our understanding with teachings that bring us true benefit. Enable us to extract wisdom from the knowledge You grant us and bestow upon us an ever-increasing abundance of knowledge. Truly, the most effective speeches are those that are both precise and concise.



Wisdom lies not in expressing everything one knows, but in being mindful of every uttered word. Consequently, this work serves as a succinct and clear guide, offering insights into the independent memorization of the Holy Qur'an amidst the challenges and obstacles of life. It advocates a method where dedicating no more than ten minutes each day is sufficient for memorization. In essence, this pamphlet provides a step-by-step exploration of the techniques for memorizing the Qur'an, taking into account the current trends and demands of life.





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# How The Prophet Muhammed (Peace Be Upon Him) Received the First revelation



The Holy Qur'an, the divine revelation, was bestowed upon the Messenger of Allah, the most noble among mankind, through the intermediary of the angel Jibril. Notably, the initial directive contained in this revelation was the command "read."

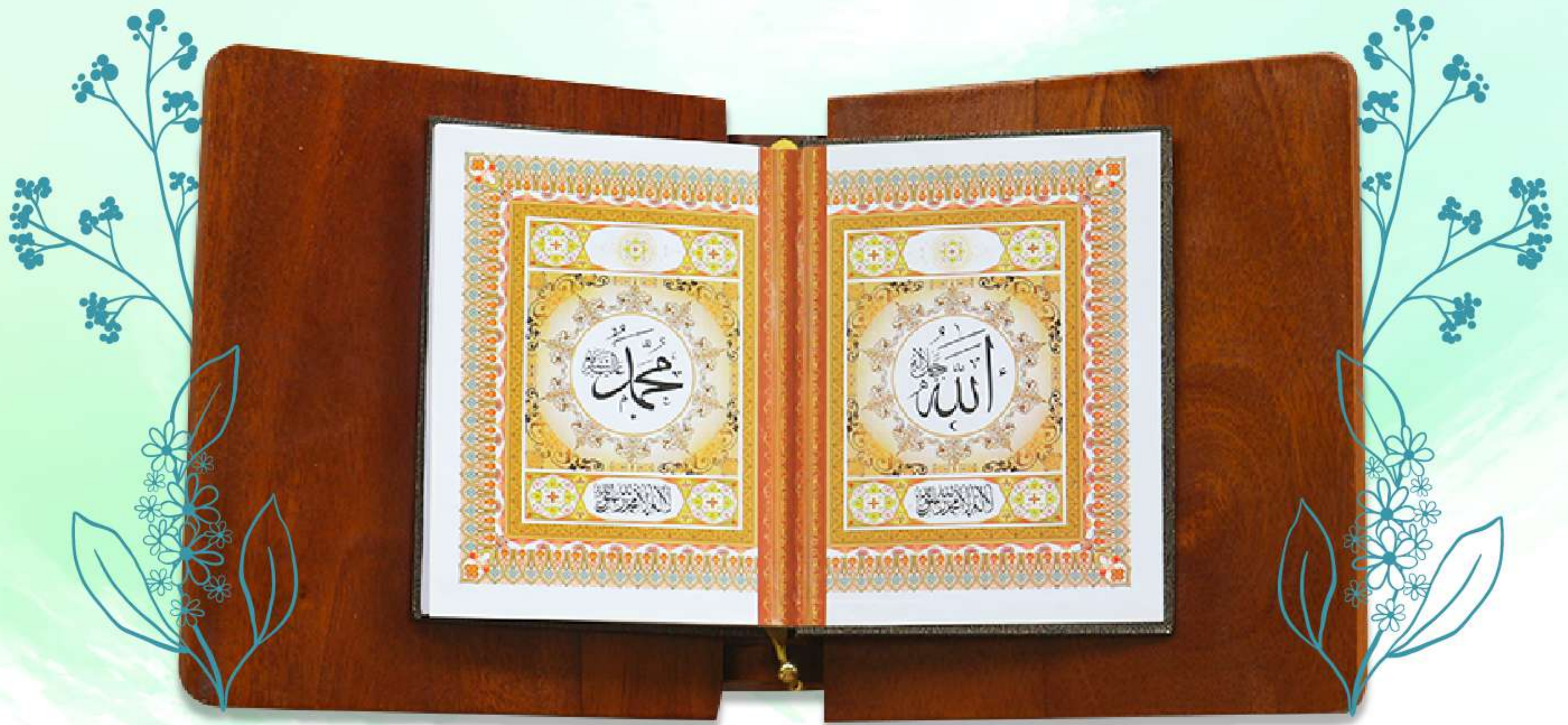
This prompts a crucial question: What did the term "read" signify to the Prophet, who, being unlettered, could neither read nor write? To the Prophet, the command "read" held the connotation of listening attentively, paying heed, and then repeating what was communicated. This interpretation becomes apparent in the Prophet's response to Jibril: "I cannot read," indicating that he could not read independently but would repeat after hearing.

إِقْرَأْ بِاسْمِ رَبِّكَ الَّذِي خَلَقَ ﴿1﴾ خَلَقَ الْإِنْسَانَ مِنْ عَلَقٍ ﴿2﴾ اقْرَأْ وَرَبُّكَ الْأَكْرَمُ ﴿3﴾ الَّذِي  
عَلَّمَ بِالْقَلَمِ ﴿4﴾ عَلَّمَ الْإِنْسَانَ مَا لَمْ يَعْلَمْ ﴿5﴾

- ① In the name of your Lord who created.
- ② Created man from a clot.
- ③ Read, and your Lord is the Most Generous—
- ④ Who taught by the pen.
- ⑤ Taught man that which he knew not.

These verses underscore the transformative power of divine guidance through the act of reading, emphasizing the importance of acquiring knowledge and wisdom.





Indeed, the implication of this interaction is profound — the Messenger of Allah memorized the Qur'an by actively listening to and directly acquiring it from Jibril. As an unlettered individual who could not read or write, the Prophet's ability to commit the divine verses to memory through attentive listening underscores the miraculous nature of this process. The act of recitation became a central means by which the Qur'an was transmitted to the Prophet Muhammad, highlighting the role of oral transmission and direct revelation in shaping the sacred scripture. This unique mode of memorization, facilitated by the angel Jibril, exemplifies the divine methodology through which the Qur'an was preserved and subsequently conveyed to the ummah (community) by the Prophet



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# Mind Map of Memorizing the Noble Qur'an



# The Holy Quran

## Memorization process in one year

1 Establish a Resolute Intention to Memorize the Quran.

2 Start your journey by saying Duaa for Quran Memorization as follows:

اللهم يسر لي حفظ كتابك الكريم، وارزقني الفهم والتقوى

**Translation:** O Allah, make easy for me the memorization of Your noble Book and grant me understanding and righteousness.

3 To simplify your year-long timetable for memorizing the Quran with 600 pages:

- Number of pages to memorize each day of the year: **2 pages of the Quran.**
- Number of verses to memorize each day of the year: **twenty verses.**

4 **Memorization Methods:**

Recitation Memorization involves reading one part daily. The recitation should be moderate, ensuring that reading one part does not exceed 20 minutes. Listening Memorization, on the other hand, entails listening to one Hizb (one half of a juz) daily.





# The Holy Quran

## Memorization process in one year

### 5 Preparation

- Weekly Preparation
- Nightly Preparation
- Preparation Before Memorization

6 **Memorization:** Begin memorizing the two pages (or one page) for at least 15 minutes. You might think that you've truly memorized them due to frequent repetition in the fortification of recitation and preparation.

7 **Close Review:** This step involves reviewing the 20 consecutive pages adjacent to the newly memorized page each day

8 **Distant Review:** This step involves reviewing the pages memorized after the 20 pages adjacent to the newly memorized page.





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**The Step-by-Step  
Practical Guides  
to Memorizing the  
Noble Qur'an**



## 4.1. Establish a Resolute Intention to Memorize the Quran:

Begin your journey of Quranic memorization by cultivating a strong and sincere intention. Prepare your heart and mind to engage with the task at hand at your utmost capacity. Crafting a robust Niyah or intention to memorize the Quran sets the foundation for success. A compelling intention not only enhances your focus on the memorization process but also contributes to improved retention. When your intention is steadfast, you are more likely to channel your energy and efforts towards the goal, leading to a more effective memorization experience. This resolute intention acts as a driving force, boosting your motivation and determination – crucial elements for successfully memorizing the extensive text of the Quran. Additionally, a sincere intention opens the path for seeking Allah's guidance, making the journey of memorizing the Quran within a year more accessible and rewarding.





## 4.2. Specific Duas for Quran Memorization:

Embarking on the noble journey of Quranic memorization is not without its challenges. To seek divine assistance in this endeavor, reciting specific Duas, or supplications, holds great significance. Here are some Duas tailored to aid in the memorization of the Quran:

### Dua for Hifz Quran: Arabic:

اللهم يسر لي حفظ كتابك الكريم، وارزقني الفهم والتقوى

**Transliteration:** Allahumma yassir li hifz Kitabika al-karim, wa arzuqni al-fahma wa al taqwa.

**Translation:** O Allah, make easy for me the memorization of Your noble Book and grant me understanding and righteousness. Recite this heartfelt supplication, seeking Allah's facilitation and understanding as you embark on the blessed journey of memorizing the Quran. May your efforts be guided and blessed.



## 4.3. How Many Pages In The Quran

The Quran, the holy book of Islam, comprises 114 suras or chapters and contains approximately 6,236 verses. The number of pages in the Quran can vary based on factors like font size and formatting. On average, a standard Quran, with dimensions of about 17 x 24 cm, typically consists of around 604 pages. It's important to note that variations may exist due to different printing editions and styles.





## 4.4. Memorizing the Holy Quran in One year

To break down the process further, dedicating one day to memorize two pages of the Quran is a manageable approach. Alternatively, focusing on memorizing twenty verses each day can also bring you closer to your goal. This disciplined approach can be facilitated through a Quran memorization course, providing guidance and structure to your journey



In summary, to simplify your year-long timetable for memorizing the Quran with **600 pages**:

- **Number of pages to memorize each day of the year: 2 pages of the Quran**
- **Number of verses to memorize each day of the year: twenty verse**





# 1. The Holy Quran Memorization process:

## Memorization Methods

It is divided into two methods: Recitation Memorization and Listening Memorization.

**Recitation Memorization** involves reading one part daily, completing the Quran every month. Its benefit lies in reinforcing memorization and serving as a form of review for what has been memorized. The recitation should be moderate, ensuring that reading one part does not exceed 20 minutes

Listening Memorization, on the other hand, entails listening to one Hizb (half a part) daily. This method aids in understanding the correct pronunciation of each word and letter. It is an indirect approach to improving articulation by solidifying in the mind the correct pronunciation of letters. Moreover, it serves as a support for memorization, as your ears become familiar with those words and their correct pronunciation.





The Holy Quran Memorization process:

## Preparation



### Preparation (The Strongest Fortress of Memorization):

#### 1. Weekly Preparation:

If, for example, you plan to memorize the first Hizb (or 5 pages) next week, your current week should involve reading this Hizb daily (or 5 pages). Important note: listen to it before preparing, and it is preferable to choose Sheikh Al-Husary.

#### 2. Nightly Preparation:

Assuming you will memorize two pages (or one page) tomorrow, read them directly before bedtime for at least 15 minutes. Subsequently, listen to them for the same duration, as the mind tends to reflect on the last activity before sleep.

#### 3. Preparation Before Memorization:

If you are about to memorize, start by reading two pages (or one page) for at least 15 minutes. This clears your mind from any distractions and activates it to receive the words you are about to memorize, making the memorization process smoother.





The Holy Quran Memorization process:

## Memorization

Begin memorizing the two pages (or one page) for at least 15 minutes. You might think that you've truly memorized them due to frequent repetition in the fortification of recitation and preparation. I would tell you that if you aim to memorize like Al-Fatihah, it is necessary to repeat it and memorize it for another 15 minutes at least. You will notice the difference yourself after completing the memorization. You'll observe how it becomes more firmly ingrained in your mind.







The Holy Quran Memorization process:

## Close Review



This step involves reviewing the 20 consecutive pages adjacent to the newly memorized page each day. These 20 pages gradually accumulate. You start by memorizing one page today, reviewing it tomorrow, and subsequently, it becomes two pages, until you reach reviewing 20 pages daily (equivalent to one Juz).

This review process takes approximately 20 minutes if done regularly and consistently. Remember the Prophet's (peace be upon him) advice: "Commit to this Quran."

### Important Note:

The recommended mode of reading during review is "Hadr" (normal pace), not Tarteel (slow recitation) or Tahqiq (meticulous recitation). Each style has its own merits







The Holy Quran Memorization process:

## **Distant Review (The Pipeline Method)**



This step involves reviewing the pages memorized after the 20 pages adjacent to the newly memorized page. It gradually accumulates and is done once a week. For example, when you have memorized 5 pages after the initial 20 pages, you review these additional pages on Saturdays.

The process continues to accumulate 5 pages weekly (for those memorizing one page per day). Thus, the distant review becomes 10 pages on Saturdays, and this cycle repeats until Saturdays are filled with 40 pages (two Juz). This completes the first pipeline.

Next, you start filling the pipeline on Sundays with the newly memorized pages. This process continues until all the days of the week are filled with a distant review, equivalent to two Juz per day (just 40 minutes). Don't think it's too much; these pages have passed through all preparation stages, close review, and the memorization stage itself until reaching the fortress of distant review. Seek help from Allah in this endeavor.





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# BENEFITS OF MEMORIZING THE HOLY QURAN





## BENEFITS OF MEMORIZING THE HOLY QURAN

### 1. Recite and Rise!

According to the Hadith, on the Day of Judgment, a person will be asked to recite the Quran. They will ascend the Heavens as they begin reciting and will stop at their place in Jannah when they have finished. Imagine the height reached by the person who has memorized the entire Quran!.

### 2. Earn Reward for Your Parents

Not only will you attain tremendous rewards, your parents will, too! When kids recite the Quran and act upon its teachings, Allah SWT promises shining crowns and beautiful garments in Jannah for their parents. We can never repay our parents for everything they have done for us. But what a beautiful honor to be the reason for our parents' elevated status in the Akhirah!.







## BENEFITS OF MEMORIZING THE HOLY QURAN

### 3. Learn the Deen

Memorizing the words of the Quran itself does not give knowledge of the Deen; however, it does provide a solid foundation for it. And if the memorization is coupled with knowledge of the meaning of the Quran, our understanding only deepens. How beautiful if we can accomplish this, even if Arabic is not our native tongue!

### 4. Perfect Your Salah

Many Sahaba have recounted how the Prophet SAW lengthened his Salawat to achieve nearness to Allah. Often, this lengthening of Salah would be through the recitation of long Surahs. A person who does not know much of the Quran could follow this Sunnah of the Prophet SAW by elongating his or her prostrations and doing dhikr. However, long Qiyam can be achieved by knowing more Quran to recite in Salah.





## BENEFITS OF MEMORIZING THE HOLY QURAN

### **Become a Leader**

The Prophet PBUH, when assigning leadership roles from among the Muslims, gave preference to those who knew more Quran. Huffaz are generally regarded with high esteem in our community. Your love and knowledge of the Quran can lead you to become a leading member of the community

### **Sharpen Your Memory**

Evidence suggests that memorization of the Quran can increase a person's IQ. Ask any Hafiz or Hafiza, and they will most likely tell you that they have a sharper memory than before they memorized the Quran. Hifz stimulates the brain and increases its working capacity. The concept is similar to playing "brain games" to sharpen intelligence but without the frivolous element.







## BENEFITS OF MEMORIZING THE HOLY QURAN

From The benefits of memorizing the Qur'an as well is that the person that memorized the Qur'an would likely be in the company of the people that used to observe the night prayers; the people whom their sides used to forsake their beds, on the day of resurrection. That is so because the way of observing the night prayers with much of the Qur'an is one of the easiest and most common means of revising the Qur'an for most of the people who memorized the Qur'an.







## BENEFITS OF MEMORIZING THE HOLY QURAN



The Holy Qur'an was revealed to Prophet Muhammad (peace be upon him) through the Archangel Jibril. In response to this divine revelation, the Prophet Muhammad, acknowledging his inability to read, until Jibril uttered,

### اقراً باسم ربك الذي خلق (1)

For every Muslim, it is imperative to learn and memorize the Holy Qur'an, as its significance directly impacts a believer's faith, daily actions, and conduct. This short book serves as a starting point for readers to embark on their journey to memorize the Holy Qur'an. Through these quick and practical steps, memorization will no longer be a troublesome and tedious task, In sha Allah. May Allah reward all those who strive to learn and commit the words of Allah to heart





